



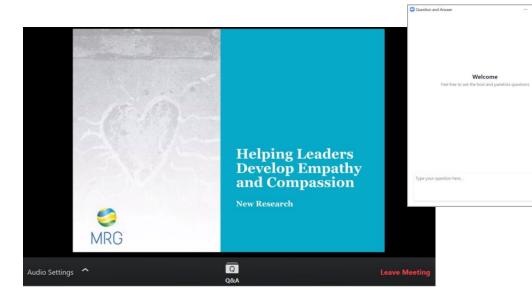
Leadership Blind Spots

How to Identify and Address Them Through Coaching

Lucy Sullivan Head of Marketing, MRG

Maria D. Brown, Ph.D. Head of Research and Education, MRG

Andrew Rand, Ph.D. I/O Psychologist, MRG

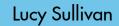


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Today's Hosts







Kayla Burnett

Have a question?

Hover over the bottom of your screen to get the tool bar. Then click Q&A.



Management Research Group is a global leader in designing assessments that foster a deep self-awareness and impact people in profound and meaningful ways with solutions for Leadership, Motivation, Personal Development, and Sales.

MRG conducts extensive research on effective leadership behavior, leveraging a database of more than 1.2 million assessment participants.



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Agenda

The Business Case for **Self-Awareness** Why are we here?

New Research 5 New Findings about Leadership Blind Spots + Q&A

Coach to Close **Awareness** Gaps Addressing blind spots

Case Study A closer look at how a coach approaches blind spot coaching + Q&A

Audience Poll

In your coaching work, how often do you try to address a coachee's blind spots?

It's a major focus of my coaching and development work

B. I spend a moderate amount of time on blind spots

I work on blind spots occasionally

I'm not actively trying to address blind spots in my coaching work

The Business Case for Self-Awareness



Leadership skills can make – or break – careers.

In a study exploring why CEOs got fired, the top 5 answers weren't related to financial performance – they were linked to leadership.



Source: LeadershiplQ Why the CEO Gets Fired

Implementing relevant leadership training is a challenge.

Source: Forbes
How Does Coaching Actually Help Leaders?

Global spending on leadership training is as much as \$350B.

But 60-85% is projected to be "scrap learning" – learning that is delivered but not applied.

Meeting leaders where they are is critical to developmental success.

70% of participants in a Harvard study ranked the customization of development programs to leaders' existing skills sets as in the top 3 most important factors in program success – top out of the 5 factors studied.

Source: <u>Harvard Business Publishing Corporate Learning</u> 2023 Global Leadership Development Study



About the Study



What are leadership blind spots?

Behaviors where the leader's perception of themselves does not align with how their colleagues perceive them.

How do we know?

Data.

Using a 360 behavioral assessment, we define a **Blind Spot** as a dimension where a leader's **Self Score** differs from their **Average Observer Score** by 30 or more points.



The LEA 360™ Assessment

How we discover where leaders' perceptions differ from their observers'.

Assessment: LEA 360™

- Measures 22
 behaviors from four
 perspectives:
 - Self, Boss, Peer,
 Direct Report
- Behavioral measures make it easy to apply in practice
- Semi-ipsative question design makes it hard to game, delivering authentic results

SAMPLE SELF QUESTION

neutra

When I have set an objective, I

- (a) make it happen
- (b) follow it up
- (c) explain it thoroughly

MOST

NEXT

- 5 4
- 3
- 5 4
 - 3) (2
 - 3

SAMPLE OBSERVER QUESTION

When this person sets an objective, they

- (a) make it happen
- (b) follow it up
- (c) explain it thoroughly

MOST

NEXT

2

2

- 5 4
- 5 4 3
- 5 4 3 2

captures order & magnitude

What does it mean to measure BEHAVIOR?

4 things to understand about the measurement used in this research (LEA 360TM).

DESCRIPTIVE

Measuring what a leader is doing - not how well they are doing it.

CONTEXTUAL

The assets and liabilities of any behavior are dependent on the goals of the individual, role, and organization.

NEUTRAL

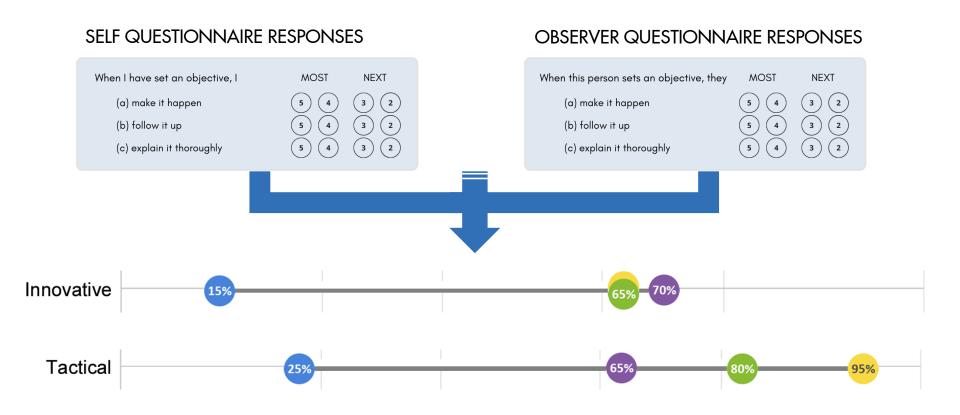
High scores are not universally good; low scores are not universally bad.

MALLEABLE

Behavior profiles aren't "hard wired" like personality traits; they can be changed with targeted development.

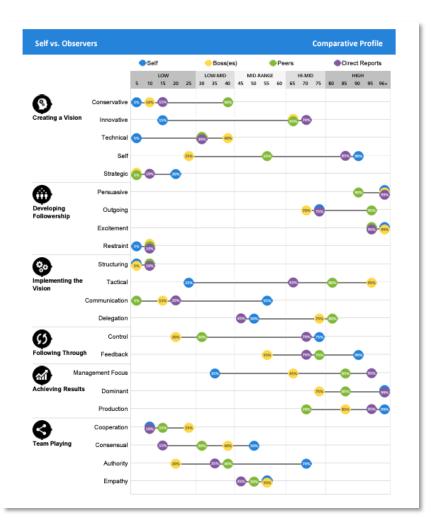
The 360 Assessment

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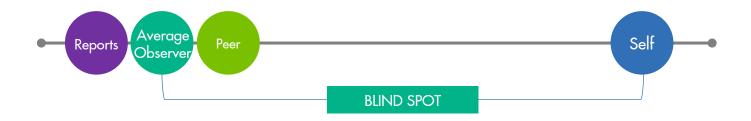


The LEA 360™ Assessment

How we discover where leaders' perceptions differ from their observers'.

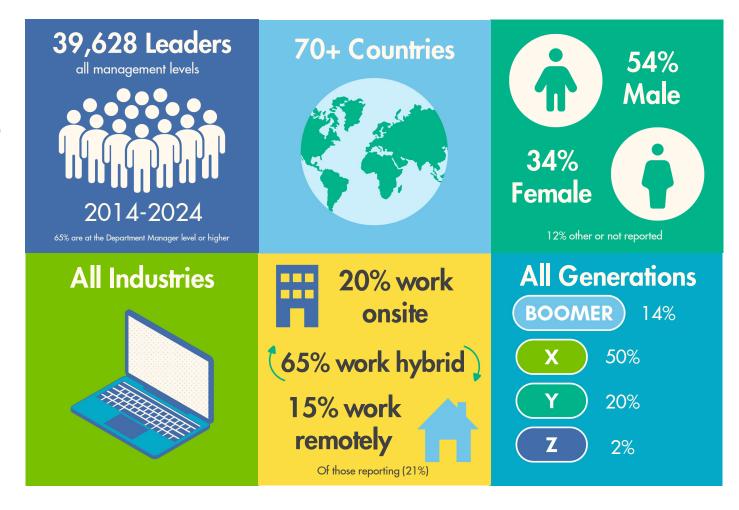


How we calculated blind spots



- 1. Calculated average observer score on each LEA behavioral dimension. This score incorporates the perceptions of bosses, peers and direct reports.
- 2. Found blind spots: Identified the behaviors for which the difference between self and observer score ≥ 30.

How is the research conducted?



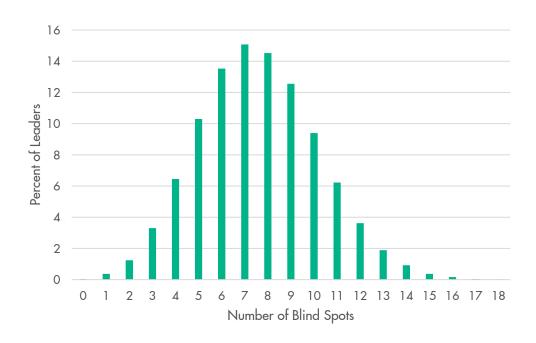
5 New Findings about Leadership Blind Spots



Blind spots are common.

Blind spots are common.

Leaders have an average of 7.6 blind spots out of 22 leadership behaviors.



There are 3 blind spot behaviors leaders are likely to overestimate.

SLIND SPOTS

There are 3 blind spot behaviors leaders are likely to overestimate.



Self: working independently & making their own decisions

2. Tactical: involved in the day-to-day; working fast & adapting quickly

Delegation: leveraging help from others & giving them ownership

The bottom line?
Leaders are more likely to overestimate how often they make decisions independently, seize opportunities and adapt, and delegate to others.

There are 2 behaviors leaders are likely to underestimate.

There are 2
behaviors
leaders are
likely to
underestimate.

Leaders believe they place less emphasis on...

BLIND SPOTS

Communication: explaining clearly & keeping others informed

2.

Control: making sure things get done & delivering on promises

The bottom line?

Leaders are more likely to underestimate how thoroughly they communicate, and how frequently they ensure everyone is meeting commitments

There are 5 behaviors where eaders & observers are likely to align.



There are 5 behaviors where leaders & observers are most likely to align.

Leaders and their observers are most likely to be aligned on...

- 1. Persuasive
- 2. Outgoing
- 3. Excitement
- 4. Restraint
- Empathy

The bottom line?

Leaders are more likely to be aligned on some of the behaviors associated with interpersonal relationships.

Blind spots are relatively universal.



Blind spots were consistent across many data segments.



Questions



Let's Get Practical

Addressing Blind Spots with Coaching



Let's Get Practical Addressing Blind Spots with Coaching

- 1 Understanding the tool & how to use it
- 2 Where do blind spots come from?
- 3 How do you address them as a coach?
- Case Study: Coaching for two common blind spots

What does it mean to measure BEHAVIOR?

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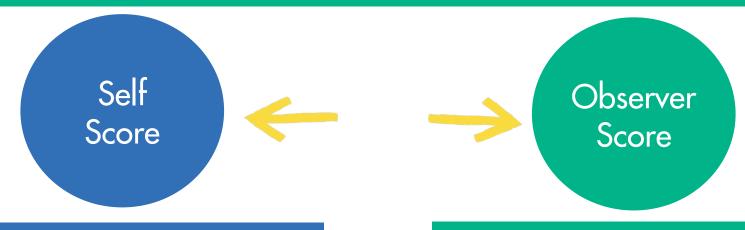
MALLEABLE

Behavior profiles aren't "hard wired" like personality traits; they can be changed with targeted development.

The Coaching Work In 3 Phases

INTERPRETATION **ACTION PLAN CONTEXT** Help them Determine what Talk through what understand what they are trying to achieve and to make changes their scores mean identify what matters

Where do Blind Spots come from?



What goes into it?

The internal AND the external. Everything a leader does in their head is in this score.

What goes into it?

The moments the participants are directly working with their observers. Context matters A LOT in observer scores.

3 ways to address Blind Spots as a coach

. Maintain Perspective

- Remind your coachee of what these mean –
 and what they don't.
- Awareness gaps are opportunities, not accusations.
- Some will hit harder at a person's selfperception. Give them space for those feelings.

3 ways to address Blind Spots as a coach

2. Go back to the foundations



Reiterate an essential aspect of the LEA assessment: low scores aren't bad, high scores aren't good.

It's descriptive, not evaluative.

3 ways to address Blind Spots as a coach

- 3. Leverage resources and input to take meaningful action.
 - Supplement the data with qualitative feedback.
 Ask people. Get context.
 - Leverage resources from your assessment provider (but not to the point of overwhelm).
 Identify key action items that feel possible.
 - Be intentional and accountable. Identify what you'll do and set reminders to make it stick.

Blind Spots in PracticeCoaching Case Study

Robin, 41, Director of Customer Experience | SaaS Company

Time at organization: 9 years

Time in role: <1 year

Rose through the ranks from an individual contributor role, where she was known as a star performer

Promoted to Director 8 months ago, now has 3 management-level direct reports

Some concern from her management that she's struggling to find her footing in the new role

In coaching, she's personable, hard-working, and eager to succeed, but feeling overwhelmed and unappreciated in her new role, both by her manager and direct reports



Blind Spots in PracticeCoaching Case Study

Two Blind Spots in Robin's data seem like they may be related – and relevant.





Blind Spots in Practice





What does it mean?

Enlisting the talents of others to help meet objectives by giving them important activities and sufficient autonomy to exercise their own judgment.



What does it mean?

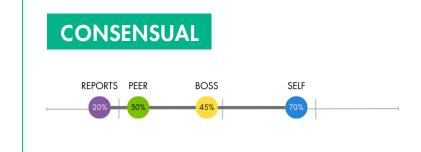
Valuing the ideas and opinions of others and collecting their input as part of your decision-making process.

Blind Spots in Practice





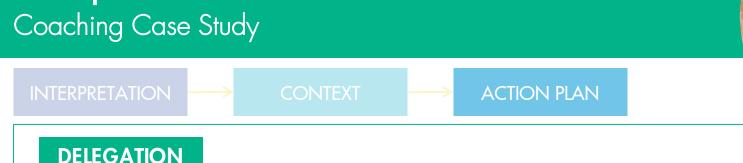
This could explain some tension, particularly with Direct Reports. Robin overestimates how much responsibility she's giving to others - so she may feel overworked, while her reports may feel they're not trusted.

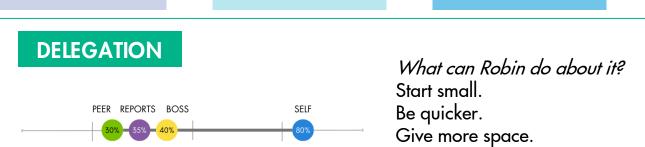


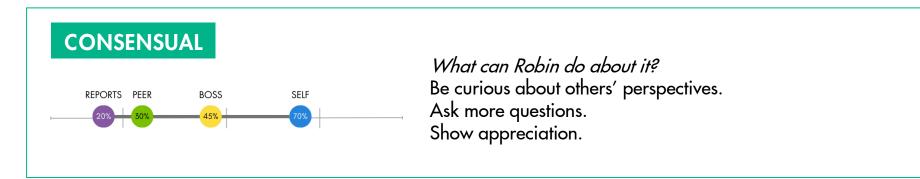
Why?

Robin believes she's seeking input from her team, but they're not experiencing things the same way. Her reports, in particular, may see themselves as excluded from decisionmaking - which has the potential to breed resentment.

Blind Spots in Practice







What are leadership blind spots?

Opportunities for leaders to find greater self-awareness and develop themselves in ways that will really matter to themselves, and to those around them.



On the way to your inbox...

- Slides and recording
- Blog post wrap-up with answers to more of your questions
- Bonus! Crib sheet on coaching to address blind spots

Questions



Upcoming Events with MRG

Certifications

LEA 360TM

Starting April 23 Starting June 11 September 10

IDI[™]
Starts May 8
Starting August 7
September 11

Pre-register for our next FREE webinar!

Use the link in the chat



Thank you. Stay in touch.

Contact Us research@mrg.com







